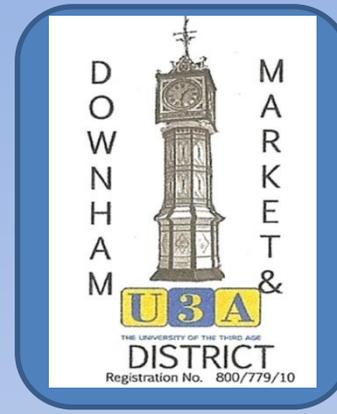


u3a

Learn, laugh, live



The U3A is a national movement for retired and semi-retired people who would like to continue learning and sharing knowledge as well as making new friends and taking up new activities. Here in Downham Market we have a thriving u3a and new members are always welcome.

Want a new lease of life, teach, practice or learn new skills, discuss interests with like-minded individuals, stimulate mind, body and soul or just meet new people? Join us.

More information is available on the website or from Fiona: 01366380363 or John: 01366347526



Our groups

- Afternoon Tea
- Art
- Arts Appreciation
- Book Club
- Calligraphy
- Craft
- Crime Fiction
- Current Affairs
- Family History
- French
- Gardening
- German
- Indoor Games
- Local History
- Luncheon Club
- Mah Jong
- Music Appreciation
- Patchwork & Quilting
- Petanque
- Play Reading
- Poetry
- Popular Music 40s on
- Philosophy
- Singing for pleasure
- Spirituality
- Table Tennis
- Ukulele
- Walking

<https://u3asites.org.uk/downham-market/welcome>